



# Leeds Health and Care Academy

Welcome to the summer edition of the Academy newsletter which looks at some of the work with our partners and highlights what's coming up.



Kay Hector @KayHector · Jul 15

It was a fantastic opportunity hosting Dr Topp, Consultant in Care of the Elderly, LTHT, @AllertonMedical, first the morning clinic, then home visit, a brief walk around BAME Wellbeing Hub including it's lovely garden and a final chat around joint working #Bringacolleaguetowork



Image courtesy of Dr Kay Hector

Many clinicians who took part have already shared their thoughts and an initial evaluation will be soon ready to have a better understanding of the outcomes of the pilot and looking at rolling it out further. 'Take a colleague to work' is an initiative led by Dr Sarah Forbes and supported by the Leeds Health and Care Academy and its partners.

## Take a colleague to work

Twenty-six people have signed up for the 'Take a colleague to work' pilot and so far five pairs have completed the swap that sees GPs and consultants from Leeds Teaching Hospitals NHS Trust shadowing each other for one day.



Robert Arnold @retisense · 11 Jul

Great afternoon experiencing an outpatient clinic with Dr Ian Clifton & the respiratory team who was returning the favour for #TakeAColleagueToWork & having #better\_conversations together @LeedsGp @WhgpGP @LCHNHSTrust @LTHRespiratory



Image courtesy of Dr Robert Arnold

## Supporting mental health first aiders in the workplace

Representatives of our city's health and care organisations including Leeds City Council, Leeds and York Partnership NHS Foundation Trust, Leeds Community Healthcare Trust, Public Health, NHS Leeds Clinical Commissioning Group and Leeds City College will meet early this month to look at the support currently available in each organisation for mental health first aiders and discuss how they could work together to help reduce the stigma around mental health.

The meeting will be an opportunity to discuss the potential for a citywide 'pool' of mental health first aiders, setting up a robust support system for them, including Continuous Professional Development and peer support, creating a system to record mental health first aid interventions and monitoring the impact of this support on the workforce.



## Leeds Women networks

Representatives of Leeds women's networks met for the first time on 23 July to identify common themes that affect women working in the health and care sector. We were delighted to see so many people joining us on the day.

Participants agreed some areas where a collaborative approach would have a bigger impact on the workforce:

- the roll-out of a personal development programme for women in non-managerial roles
- the possible creation of a 'carers' passport' for women who play a key role as the main carer for a family member. This would help them to keep the same flexible working arrangements if they moved to another organisation
- ways of improving menopause services available for women



- how the 2,700 members of women's networks could provide valuable feedback on health and care services for women

## Future Focus Medical Workforce event

We are delighted to announce that the first of three citywide future focus workforce events is scheduled for Wednesday 30 October at Nexus. This event will bring local employers, national policy makers and leaders in medical education face-to-face with medical students as a means of developing a meaningful dialogue and 'Improving future employment'.

The event will offer an opportunity for students to hear professionals talking about how digitisation will impact on the health and care sector, what this will mean for the medical workforce, for patients and people living in Leeds. Students will have the opportunity to share their aspirations, expectations and any concerns for their future career.

Keynote speakers will include Sir David Behan, Chair of Health Education England, Dylan Roberts, Chief Digital and Information Officer, Leeds City Council and Professor Trudie E. Roberts, Professor of Medical Education, University of Leeds.

We would like to thank Phil Wood, Medical Director at Leeds Teaching Hospitals NHS Trust, who has kindly agreed to sponsor the event on behalf of Leeds Health and Care Academy and its partners. And also thanks to Nexus for hosting the invitation only event and to KPMG for sponsoring the reception.

To find out more or to get in touch visit [www.leedshealthandcareacademy.org](http://www.leedshealthandcareacademy.org)

Email [LHCA@leeds.gov.uk](mailto:LHCA@leeds.gov.uk) or contact 07387 258 838

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Leeds Health and Care Academy is a project of the Leeds Academic Health Partnership, whose founding partners are three Leeds universities, all of the city's NHS organisations and Leeds City Council.