

SUPPORTING THE MENTAL HEALTH TEAMS

A student will apply to work with you for **45 shifts (315 hours)**, developing skills and building confidence. Placements will commence **September 2022** and will take place on a **Wednesday and Thursday** for **22 weeks**.

From **September 2021**, students will be prepared for industry placement and will have a clear understanding of what will be expected of them. This information outlines what is expected from the employer to support the student as part of the industry placement. Students will be provided with a competency handbook with an opportunity for input from the employer before classroom assessment. They will not be assessed on placement but are expected to demonstrate their ability to perform a number of activities.

WHAT WILL A STUDENT NEED TO DEMONSTRATE ON INDUSTRY PLACEMENT WITH SUPPORT FROM THE EMPLOYER?

Provide care and support to individuals with mental health conditions

- Apply knowledge of scope of practice and roles and responsibilities when assisting to carry out appropriate clinical interventions as delegated by the mental health team
- Adhere to national guidelines, current national and local policy and service frameworks (for example Mental Capacity Act (2005) plus Amendment (2019), Deprivation of Liberty Safeguards and Mental Health Act 2007) for mental health when undertaking any care or support for individuals
- Provide appropriate holistic care and support to individuals with mental health conditions, based on knowledge and within scope of role
- Assist with collaborative risk assessment and risk management with individuals with mental health needs
- Involve carers and family members in the risk assessment and management process
- Implement prevention and risk reduction strategies when providing care and support to individuals with mental health conditions
- Adopt approaches and techniques to ensure the protection of own mental health and Wellbeing
- Overcome barriers that may exist to prevent building and sustaining effective relationships and make relevant and constructive contributions to move discussion forward
- Identify and respond to the possibility that mental health conditions may affect an individual's emotions, thinking and behaviour
- Recognise when additional support may be needed to build effective relationships with individuals, access and make use of this support
- Use a range of communication strategies that are appropriate to individuals with mental health needs
- Apply specific communication skills to build and sustain effective relationships with individuals with mental health needs, carers and other healthcare professionals within scope of role
- Proactively use appropriate communication strategies to manage behaviour which challenges and poses a risk to self, individuals or others

(continued overleaf)

- Observe and record an individual's verbal and nonverbal communication recognising how it may be relevant to the individual's condition
- Recognise when additional support may be needed to communicate effectively with individuals and how to access and make use of this support
- Observe, record and report changes in the mental health of individuals when providing care and support and be able to select different sources to gather information for a particular purpose
- Observe, measure, record and report on physiological health of individuals receiving care and support

Assist the mental health team with mental health tasks and therapeutic interventions

- Apply knowledge of the main types of mental health conditions when assisting to carry out appropriate clinical interventions as delegated by the mental health team
- Assist registered practitioners with routine delegated tasks or therapeutic interventions, applying knowledge of mental health conditions and treatments and where applicable ask and respond to questions for clarification and collect, generate or identify data
- Assist registered practitioners to implement strategies to support individuals with mental ill health, ensuring the communication style reflects the type of communication and purpose

Promote mental wellbeing

- Apply knowledge of mental wellbeing when assisting to carry out appropriate clinical interventions as delegated by the mental health team
- Assist registered practitioners to implement appropriate and individual strategies to promote mental and physical wellbeing
- Apply knowledge to promote recovery-based approach for individuals with mental health conditions
- Use an appropriate approach to support individuals and/or carers/families to manage their condition and respond to questions/feedback using a style which reflects the type of communication
- Promote a recovery-based and holistic approach enabling the individual to manage their condition, including coping strategies and skills
- Take an active approach in supporting and empowering the individual to actively participate in society and manage their condition, including during change and transitions, recognising the impact of mental ill health on themselves and/or carers/families