

# CAREERS IN CARE



Careers in Care is a week-long course that provides you with an introduction to the health and care sector and the jobs available within it, as well as offering practical experience, so you can learn more about what it's like to work in care.

You will also learn about specific care-related topics, such as:

- [Moving and handling](#)
- [Personal care delivery](#)
- [The importance of nutritional intake](#)
- [Dementia](#)

The course will provide you with the opportunity to achieve an accredited Level 2 qualification in Moving and Handling, which is an important qualification for lots of health and care roles.

**The course is free of charge and will take place at Leeds City College, 9:30am-3pm Monday to Friday. Multiple dates are available.**

Applicants are asked to:

- [be aged 18 years or over.](#)
- [be prepared to work at least 20 hours a week.](#)
- [commit to the full week-long course.](#)
- [have been a resident in the UK for more than three years or be an asylum seeker or refugee.](#)
- [be working at an entry Level 3 in English and Maths \(this is equivalent to G Grade or Grade 1 GCSE\) or above.](#)

If at the end of the week you decide that you would like to work in health and social care, you will be supported through an interview process. **If successful, you will be made a conditional offer of employment** (pending satisfactory recruitment checks) across a variety of different health and care organisations, allowing you to kick-start your career with support from the Careers in Care team.

Scan the QR code or [click here](#) to

complete the application form, and a member of the team will contact you to discuss the course in more detail.



*"This course has made me realise that I want to work in the care sector."*

*"Even though I have previous experience of working in a care role it was great to go over the basics."*

*"The course was so interesting and interactive, the moving and handling was my favourite part."*