Leeds Health and Care Academy

RAHEL HAGOS

APPRENTICE CLINICAL SUPPORT WORKER

Rahel Hagos, Apprentice Clinical Support Worker, shares her experience of being part of the Connecting Communities with Health and Care Careers programme.

Through the project, Rahel was placed onto the 1 week Careers in Care employability programme which includes a variety of work based training including Moving & Handling and Personal Care. In addition, candidates have the opportunity to achieve an accredited Level 2 qualification. Following the programme, Rahel successfully secured the role of Apprentice Clinical Support Worker at Leeds Teaching Hospitals NHS Trust.

"I secured the role of Apprentice Clinical Support Worker, so I work with patients to administer care for them, cleaning, moving them around and taking blood samples and things like that. I was so excited when I was told I had been given the job. I have wanted this for so long, so to be told I was successful, I was so happy.

My reasons for applying were that I wanted a career, not just a job and I knew that the health and care sector offered apprenticeships and would give me the training I needed. I have always wanted to work in health and care. This is why I thought the role as Clinical Support Worker was a perfect career for me and why I decided to apply. I also studied care in college and knew this is what I wanted to do.

Since securing the role, the impact on me has been massive. I am now a lot more confident as it has helped me to increase my self-esteem, and it has given me the opportunity to study whilst I earn money. I am happy that I am earning my own money. I am also very happy that this role has allowed me to meet new people, both friends and colleagues.

I am really passionate about learning new things as I want to develop and grow. I am very interested in learning new skills so that I can maybe be a nurse in the future. This is my life goal and I will work really hard to make this happen. I am hoping to be offered more opportunities when my apprenticeship finishes.

For anyone else who is interested in working in health and care I would encourage them to go for it and do the programme as it's a great experience. I have learnt so many things and this programme has helped me to improve my confidence in and out of work. It has given me new skills and opportunities and I would recommend this programme to anyone. I doubted myself before this programme, but I now have confidence in myself and that I can develop in the future."

To **find out more** about the Connecting Communities with Health and Care Careers programme **please scan the QR Code**