



















Name of Programme	Description	Who is it relevant for?	Duration	Time Commitment	Qualification Gained	Find out more/ Register your interest
 Springboard Women's Development Programme	Springboard is a 3-month personal and work development initiative designed to help you delve further into self-reflection and empower you with self-belief, assertiveness and positive thinking.	Women working in non-managerial roles.	3 months	<ul style="list-style-type: none"> • 8 half-day virtual workshops • 2-3 hours per week of group/ independent work 	N/A	
 I Care Ambassadors	The city-wide group of I Care... Ambassadors volunteer to attend events across Leeds to talk honestly and enthusiastically about their job and career journey, inspiring others to join the sector.	People who want to inspire others to work in health and care.	However long you would like to participate	<ul style="list-style-type: none"> • At least 2 events per year 	N/A	
 Digital Workshops	Facilitating Hybrid Meetings' and 'Leading Hybrid Teams' are digital learning sessions that aim to support colleagues embed and adapt to new ways of working in a virtual and hybrid world.	People looking to develop their digital skills.	2 hours per workshop	<ul style="list-style-type: none"> • 2 hours per workshop 	N/A	
 Data Apprenticeships	These two industry-leading programmes combine cutting-edge technical expertise with values-based leadership development to upskill colleagues in advanced data analysis and literacy.	People who handle data in their day-to-day role.	Between 15 and 24 months	Per month: <ul style="list-style-type: none"> • 7 hours of learning • 5 hours reflection • 18 hours application of learning 	Data Literacy Level 3 or Data Analyst Level 4	
 Project Management Apprenticeship	This apprenticeship teaches the differences between various project methodologies, and when to call on each. It develops core skills including project planning, quality management, governance and risk management.	People who manage projects as part of their role.	18 months	<ul style="list-style-type: none"> • 6 hours per week 	Associate Project Manager Level 4 & APM Project Management Qualification	
 Team Leader Apprenticeship	This apprenticeship provides participants with the tools and learning required to succeed in a team leader or people management role, resulting in strong, happy and productive teams.	People with 0-5 years people or team management experience.	13 months	Per month: <ul style="list-style-type: none"> • 3 hours learning • 16 hours reflection • 11 hours application of learning 	CMI Team Leader Level 3	
 Chartered Manager in Health & Social Care Apprenticeship	This degree level apprenticeship will increase your knowledge, skills and confidence as a health and social care manager and leader.	People with 2-5 years management experience who work 30 hours+ per week on a permanent or fixed term contract.	24 months	<ul style="list-style-type: none"> • 6 hours per week • 8 face-to-face teaching days per year • 8 virtual teaching days per year 	BA (Hons) Business Management Professional Mary Seacole Award Chartered Manager status with the Chartered Management Institute Level 6 apprenticeship	
 Better Conversations	Better Conversations training supports you to reflect on your conversations and explore your communication in a supportive environment.	People looking to enhance their person centred communication skills.	1 hour or 3 hours	<ul style="list-style-type: none"> • 1 hour eLearning or 3 hour virtual workshop 	N/A	
 Health and Wellbeing	A suite of free and impactful health and wellbeing support opportunities including training, wellbeing retreats and financial guidance.	Anybody working or volunteering in health and care in Leeds.	Various	<ul style="list-style-type: none"> • Various 	N/A	

All Leeds Health and Care Academy learning and development opportunities are free of charge, and accessible to all colleagues working across the health and care sector in Leeds.

Create an account on the Leeds Health and Care Learning Portal (leedshealthandcarelearningportal.org) to access our online catalogue of free development resources, training, and learning content.

Visit: leedshealthandcareacademy.org Email: LHCA@nhs.net

