Humber and North Yorkshire Health and Care Partnership

NHS Humber and North Yorkshire Integrated Care Board (ICB)

NHS England

Welcome. The webinar will be starting shortly.

Role Emerging Placements in Dietetics

HNY LEAP Webinar 19th July 2023

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ST MARY'S COLLEGE

MEDICAL HEALTH & SOCIAL CARE ACADEMY

Humber and North Yorkshire
Health and Care Partnership

Role Emerging Placements in Dietetics

Exploring two Role Emerging Placements pilots undertaken by Dietetic students from the University of Hull

@LEAP_HNY #REP

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Health and Care Partnership

Role Emerging Placements in Dietetics

Hosted by

George Zuerner

Project Manager
Grow Our Workforce
LEAP Programme

Presented by

Laura Cowley

Registered Dietitian &
Practice Education Facilitator
MSc Nutrition and Dietetics (Pre-reg)
University of Hull

Cicely Alsbury

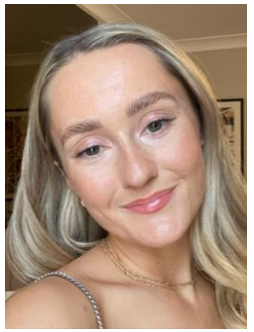
Partnership Director
St Mary's College
Medical, Health and Social Care Academy

Katherine Durrans

Deputy Head of Therapies
Head of Dietetics
Hull University Teaching Hospitals NHS Trust

Fiona, Rachel & Kristy

MSc Dietetics students
University of Hull



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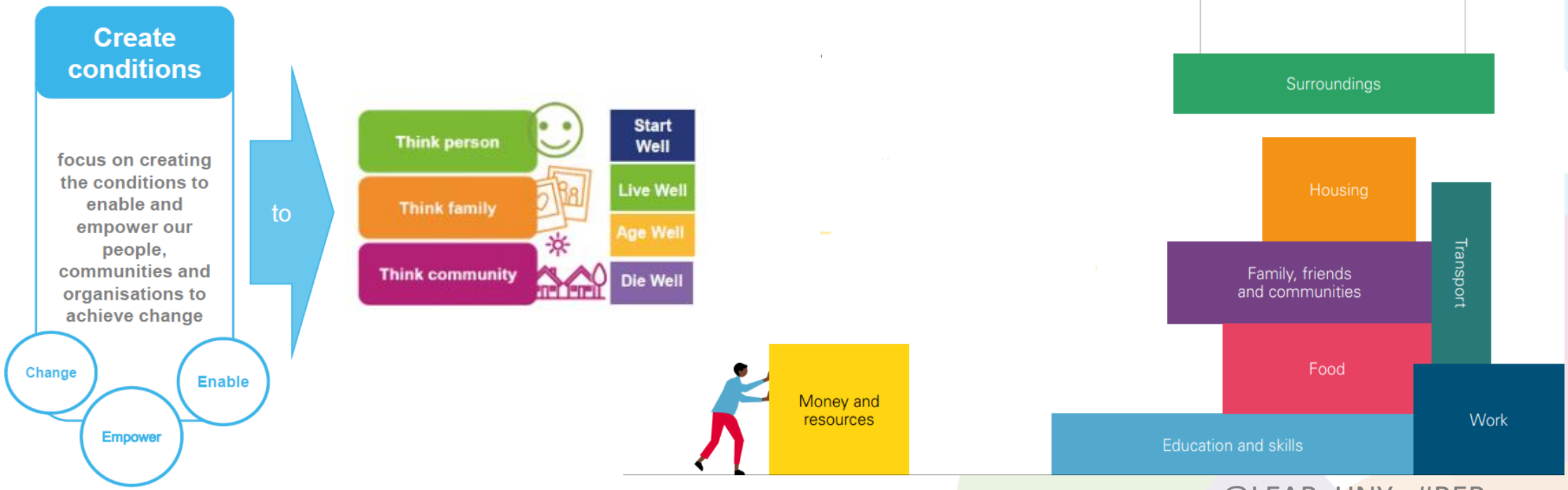
Our **ambition is:**

For everyone in our population to live longer, healthier lives
By narrowing the gap in heathy life expectancy between the highest and lowest levels in our communities by 2030 and increase healthy life expectancy by five years by 2023

Our **intentions:**

To achieve our ambition and vision, our Partnership through our six Places working with their communities and partners will reimagine health, care and wellbeing services and we will focus on…



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Learning Environments Assessment & Placements Programme (LEAP)

LEAP STRATEGIC PLAN 2021-2022

VISION

Together, we're creating a healthier Humber & North Yorkshire, where every learner has the opportunity, the support and the infrastructure to thrive in their chosen health or care career.

VALUES/PROCESS

Equality, Ownership
Belonging
Doing the right thing….
Collaboration, Agility
Preparation
…by doing things right.

GROW OUR WORKFORCE

BETTER FUTURES

1

Create a sustainable, high quality, clinical placement circuit

TOGETHERNESS

TRAIN OUR PEOPLE

BETTER EXPERIENCES

2

System-Wide, high quality placement opportunities are maximised

3

Assessor & Supervisor leadership capacity/capability is developed

IMPACT

WORK TOGETHER DIFFERENTLY

BETTER CHOICES

4

Digital learning is a sustainable delivery & placement expansion solution

5

The range & number of practice learning opportunities are increased system-wide

INFRASTRUCTURE

Role Emerging Placements in Dietetics

A review of 2 Pilots undertaken May 2023

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Session Overview

- HEI perspective
- Placement provider perspective
- Student perspective
- Long arm supervisor perspective
- Q&A and close

Role Emerging Placements

- Placements that 'occur at a site where there is not an established occupational therapy role' (College of Occupational Therapists, 2006).

- Different model to traditional placements taking place in 'role-established' practice settings, such as hospitals or community health services

Why Role Emerging Placements?

- Increasing number of students to train
- Developing leadership skills right from the beginning
- Not all students want to go into clinical practice
- Increasing employment opportunities post-graduation
- Increasing national focus on population health and integrated care systems
- Collaborating with local organisations

Preparation steps

1. Initial discussions with placement providers
2. Ongoing discussion re timings, dates, requirements for competencies, paperwork, supervision and project requests of the provider.
3. Expressions of interest from students
4. Discussions with local NHS trusts re providing long arm supervision

Preparation steps cont..

5. Complete quality audit with new provider
6. Introduce placement provider and long arm supervisor
7. Internal discussions at HEI to set up allocation software and division of training tariff
8. Preparation of students prior to placement

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LEAP Learning Environment and Placements Assessment

NHS England

A Placement

- 3 weeks, 1st year
- Competencies: Professionalism and Communication

B Placement

- 12 weeks, 2nd year
- Competencies: Professionalism, Communication, Model and process and Quality

C Placement

- 12 weeks, 2nd year
- Competencies: Professionalism, Communication, Model and process and Quality

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Learning Environment Assessment and Placements LEAP

NHS England

P.A.U.L™ For Brain Recovery

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St Cuthbert's Trust

St Mary's College

ST MARY'S SIXTH FORM COLLEGE

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Humber and North Yorkshire Health and Care Partnership

LEAP

Introductions

Cicely Alsbury

St Mary's College, Partnership Director

Medical, Health and Social Care Academy

Calsbury@smchull.org

Context and Partnership

2015 – Creation of the **Medical, Health and Social Care Academy** in partnership with the **Hull Clinical Commissioning Group**

50% increase in applications to higher education in health and social care careers in the first year

Over 50% of our first professionally graduated class are now working locally with our NHS partners or in other 3rd sector health and social care careers.

Student Success

Humber and North Yorkshire Health and Care Partnership

- *2 Dietetics Students*
- *Developing communication and professional skills*
- *Safeguarding training and policies and procedures in college (e.g. fire alarm)*
- *Adapting communication effectively between service users (students) and service providers (staff)*
- *Age ranges, groups, abilities*
- *Year 7 to 6th form*
- *In lessons , SEND team, and additional clubs/workshops*
- *Taking initiative – project*
- *Next Steps?*

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Operational Activities

- Working closely with the long arm supervisor
- Creating a timetable within the college/teams
- Working closely with the students
  - Meeting times
  - Email communication
  - Allowing for opportunities to explore

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Fiona

- 2018 - graduated from Leeds Trinity University with a BSc in Sport and Exercise Science.
- 2020- graduated from Leeds Beckett University with a MSc in Sport and Exercise Nutrition.

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LEAP Learning Environment and Placements Assessment

NHS England

Overview of placement

P.A.U.L For Brain Recovery	Hull University Teaching Hospitals
Build on communication and professionalism compentencies.	Neurology, ICU, Complex Rehab Unit
8:30 – 16:30 Monday to Thursday.	8:00 – 16:00 Friday
On site supervisor –Leigh North	Complemented my placement with P.A.U.L as it gave greater insight into the very early stages of acquired brain injury
Long-arm supervisor – Katherine Durrans	Continued to develop communication and professionalism skills

P.A.U.L For Brain Recovery

Main task: Update the charities current nutrition and recipe guide

Spent time with service users learning about their experiences with acquired brain injury recovery

Enabled me to create a nutrition and recipe guide that was inclusive to service user's needs.

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LEAP Placements Learning Environment Assessment

NHS England

Neurology, ICU, Complex Rehab Unit

Shadowed band 5 and 6 dietitians on neurology ward and in ICU

Shadowed speech and language therapy on neurology and observed a dysphagia assessment

Observed a Nutricia nurse providing training to a patient on best practice for administering their enteral feeding

Post placement reflection

- Fantastic opportunity to develop knowledge base in an unfamiliar area.
- Developed my understanding of how different acquired brain injuries can affect people's lifestyles and in turn affect their relationship with food such as a decreased cooking ability.
- Facilitated my learning and development of how to ensure dietetic services are person-centred.
- Exciting to have scope to use my initiative and creativity to complete my main project.
- Long-arm supervision worked very well. Having that dietetic input ensured my work was accurate and evidence-based.
- Having the clinical experience enhanced my experience at P.A.U.L For Brain Recovery.

Rachel

UCC
University College Cork, Ireland
Coláiste na hOllscoile Corcaigh

Originally from Galway, Ireland.

Previously studied BSc (Hons) Nutritional Sciences at University College Cork.

I have always enjoy helping people and educating them on the importance of a healthy lifestyle, including the importance of a balanced diet.

University of Brighton

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Kristy

- I graduated from the University of Brighton with a first-class BSc (hons) degree in Exercise and Health Science.
- Becoming a dietitian has always been my ambition from an early age, and I can't wait to start my career!

Overview of the placement

St. Mary's College

Developing communication and professionalism skills.

8:15am – 3:45pm (average school day)

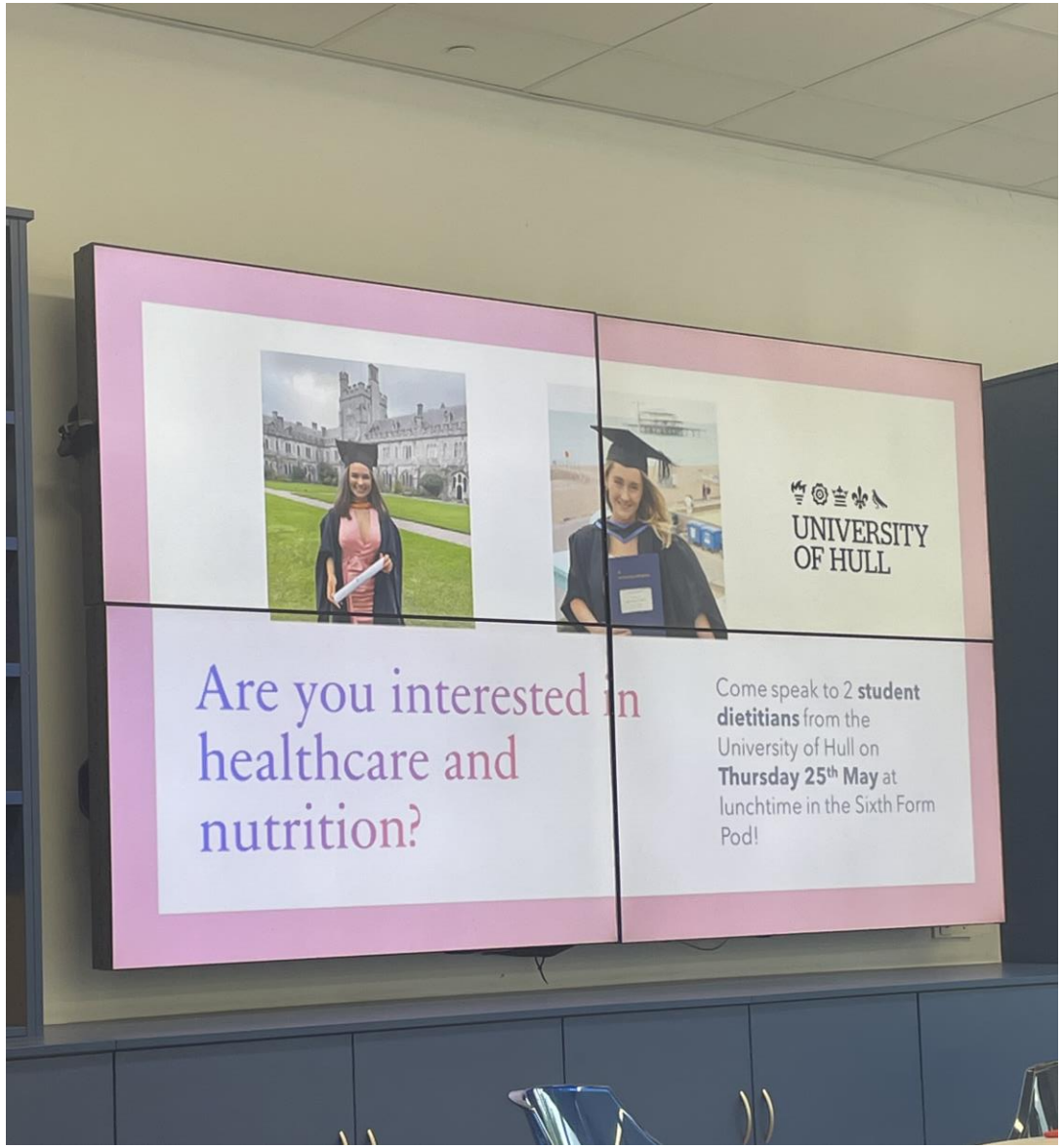
On site supervisor – Cicely Alsbury

Long-arm supervisor Jo Devon

Week 1

Shadowing various teachers and teachers' assistants.

Observing their outstanding professionalism and communication with both students and each other.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Are you interested in healthcare and nutrition?
Come speak to 2 student dietitians from the University of Hull on Thursday 25th May at lunchtime in the Sixth Form Pod!

132960
What is a dietitian?

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Week 2

CREATING AN INFORMATIVE AND ENGAGING PRESENTATION ON DIETETICS AND THE IMPORTANCE OF OUR PROFESSION.

DELIVERING NUMEROUS PRESENTATIONS TO STUDENTS, RANGING FROM 11 TO 18 YEARS OLD.

Healthy Habits for a Healthy Brain

Scan this QR code to learn more

Snack on fruit and veg

Aim for your 5 a day by including lots of different fruit and vegetables within your meals.

Drink plenty of fluids

Aim for 8 glasses of fluid per day. Staying hydrated helps to maintain your concentration and energy levels.

Get enough sleep

Aim for 8-10 hours of uninterrupted sleep every night for overall health and well-being.

Get active every day

Aim for 60 minutes of any physical activity per day. This may include walking, running, or a sport of your choice.

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Week 3

DEVELOPING A CULTURALLY INCLUSIVE EATWELL POSTER BOARD FOR THE CANTEEN.

ORGANISING A POP-UP STAND IN THE CANTEEN TO PROMOTE THE DIETETIC PROFESSION AND EDUCATE STUDENTS ON SUGAR INTAKE.

DESIGNING A BITE-SIZE EDUCATIONAL POSTER TO PROMOTE HEALTHY HABITS FOR OLDER STUDENTS.

Fire point
How strong do you think you are?
Interested in nutrition and healthcare?
BDA
What your dietitian thinks about...
Why become a dietitian?
Find out more at bda.uk.com/whatdietitiansdo

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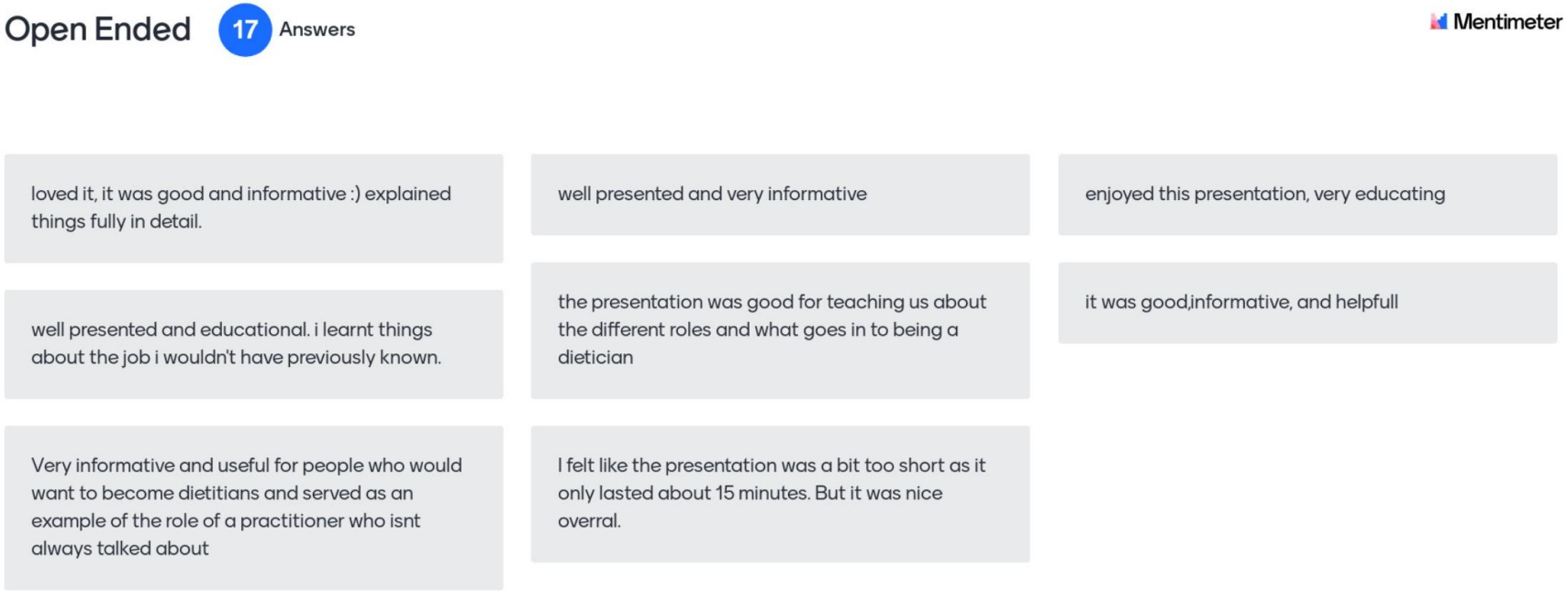

Go to **www.menti.com** and use the code **4904 0701**

Using one word, how you describe this presentation?

Mentimeter

40

Post reflection

- Excellent opportunity to **expand communication and professionalism** in a new environment.
- Enjoyed working with **various age groups**.
- Experiences that allowed me to **understand the needs of children with different educational and behavioural issues.**
- Understanding of the **diverse background and culture** within the area.
- We enjoyed having the scope to **use our initiative** to work on nutrition-related projects
- **Long-arm supervision** worked well, and we felt that it was advantageous for our long-arm supervisor (Jo) to come in and **provide feedback** on my work

Areas for future learning opportunities

Collaborative working with the catering team.

Additional verbal and non- verbal communication projects.

Would work well alone, or combined with clinical placement (a couple days a week)

Long Arm Supervision – a Supervisors Perspective

Hull University Teaching Hospitals NHS Trust

What did I do?

What did I find challenging?

Tips for other long arm supervisors supporting role emerging placements

Would I do it again?

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Laura Cowley

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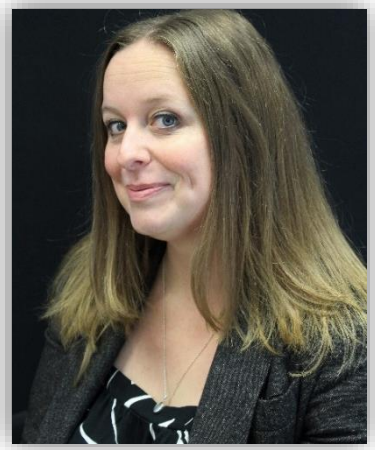

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HNY LEAP Programme

HNY Future NHS Collaboration

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Webinar Feedback

Link to feedback form

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Thank You

@LEAP_HNY #NursesOnTour